

**MOTILAL NEHRU COLLEGE, EVENING
UNIVERSITY OF DELHI**

WEBINAR - Science of Energy Management

Year	Date & Time	Committee	Title of the Seminar/ Webinar/ Workshop/ Conference	Invited Speakers/Resource Persons	Institutional Affiliation of Invited Speakers/Resource Persons	Number of Participants	Institutional Affiliation of Participants
2020	11th February	Stress Management Committee	Science of Energy Management	Mr DLN Shashtri Ms. Alekhya Shastri Dr Kajal Tehri	Pyramid Spiritual Societies Movement	41	Teaching faculty and students

The Stress Management Committee organised a session on Science of Energy Management for the faculty members and students of MLNCE on 11th February 2020. The Guest Speakers for the event were Mr DLN Shashtri, Alekhya Shastri, Dr Kajal Tehri. During the course of the session, the speakers explained the meaning of the science of energy management in the context of the human mind and body, before dwelling on the benefits of meditation for conserving energy to improve self productivity and to be able to engage better with one's surroundings. The event was attended by 28 students and 13 faculty members.


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11/02/2020 Guest and Principal



Principal Dr. Vichitra



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Prof. Vichitra Gupta
Officially Principal
Mullik Nehr - College (Eve.)
B.J. Road, New Dehradun.

Speaker and Faculty member
group Picture



11/02/2020
Interactive session



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Interactive Session 11/2/2020



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**MOTILAL NEHRU COLLEGE (EVE)
UNIVERSITY OF DELHI**

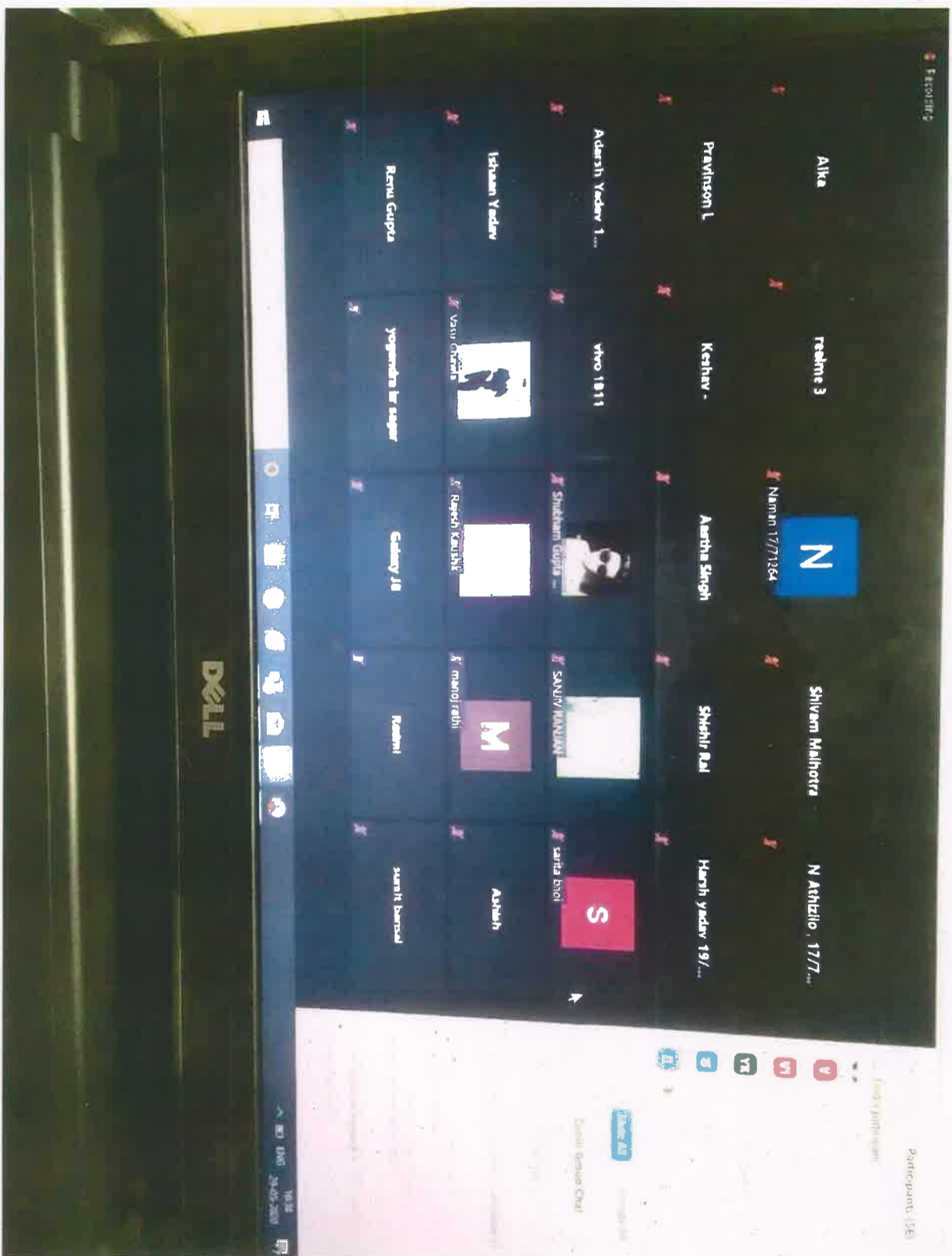
DEPARTMENT OF PHYSICAL EDUCATION

Webinar: Yoga for physical and Mental fitness against Covid-19 Pandemic

Year	Date & Time	Department/Committee	Title of the Seminar/ Webinar/ Workshop/ Conference	Invited Speakers/Resource Persons	Institutional Affiliation of Invited Speakers/ Resource Persons	Number of Participants	Institutional Affiliation of Participants	Link to advertisement of The Program on various Platforms, including DU Website
2020	29/05	Physical Education	Webinar: Yoga for physical and Mental fitness against Covid-19 Pandemic	Dr. Tarak Nath Pramnik	IGIPSS	56	MLNCE	Zoom meeting ID: 81623114216

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Interactive Session of Webinar 29/05/2020



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**MOTILAL NEHRU COLLEGE
UNIVERSITY OF DELHI**

International Webinar (June 1-4, 2020)

Year	Date & Time	Title of the Webinar	Invited Speakers/ Resource Persons	Institutional Affiliation of Invited Speakers/ Resource Persons	No. of Participants	Youtube channel links
2020	1/6/2020 4:00 PM IST	<u>Day 1</u> Social Inequity, Racism and Covid19: the challenges of Brazilian society	Prof. Patricia Teixeira Santos,	Department of History, Sao Paulo Federal University, Brazil.	54	https://www.youtube.com/watch?v=26fmHK1GJK4

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2020	1/6/2020 5:00 PM IST	<u>Day 1</u> Ethics and Epidemics: Reflections from Ancient India	Dr Sonam Kachru	Assistant Professor, Department of Religious Studies, University of Virginia, Charlottesville, the USA.	54	https://www.youtube.com/watch?v=2bfnHK1GJk4
2020	2/6/2020 4:00 PM IST	<u>Day 2</u> Epidemic of Covid-19 and support of Indian Pharmaceutical Industry in Africa.	Prof. Suresh Kumar	Former Head, Department of African Studies, University of Delhi.	46	https://www.youtube.com/watch?v=MasCpdTvwvQ
2020	3/6/2020 4:00 PM IST	<u>Day 3</u> The Traditional perception and knowledge of covid 19 pandemic in Nigeria: A Reflection of India's society.	Dr. Halilu Babaji	The Federal Polytechnic Bauchi- Nigeria Secretary-General, Nigerian Political Science Association (NPSA -NE)	41	https://www.youtube.com/watch?v=U9heeMmlfFQ

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**MOTILAL NEHRU COLLEGE (EVE)
UNIVERSITY OF DELHI**

Data Analytics and Career Opportunities in Post-Covid19 world.

Year	Date & Time	Department/Committee	Title of the Seminar/ Webinar/ Workshop/ Conference	Invited Speakers/Resource Persons	Institutional Affiliation of Invited Speakers/ Resource Persons	Number of Participants	YouTube Channel
2020	16/06	Joint collaboration of MLNC & MLNCE	Data Analytics and Career Opportunities in Post-Covid19 world	Mr. Kashif Alam	Senior Advisor at IFC, Founder at Ystart, Angel-tech Investor, Ex-CEO Private Equity, MBA SPA. Senior Advisor to startups and incubators, Director Ystart, Ex- LetsVenture, Ex-Mumbai Angels, Ex-Accenture & HSBC, MBA National University of Singapore.	63	https://www.youtube.com/watch?v=D4GLNh18MwC

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Webinar 16/06/2020
Speaker P.P.T. Presentation

Data

•“..Data is no longer regarded as static... data is becoming the raw material of business. Used to create economic value, innovation and new Services and can reveal secrets to those with the tools to listen..”

•Viktor Mayer Schonberger & Kenneth Cukier in their book “Big Data”

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MOTILAL NEHRU COLLEGE (Evening)

University of Delhi

Department of Physical Education

Webinar on Yoga and Fitness: Steps to Fight Covid'19

Year	Date & Time	Department	Title of the Webinar	Invited Speakers/ Resource Persons	Institutional Affiliation of Invited Speakers/ Resource Persons	No. of Participants	Institutional Affiliation of Participants	MLNCE Youtube Channel Link
2020	20/06/2020	Physical Education	Yoga and Fitness: Steps to Fight Covid'19	Dr. Tarak Nath Pramanik	Assistant Professor, IGIPESS, University of Delhi, Assistant Secretary, Indian Yoga Federation	36	MLNCE	https://www.youtube.com/watch?v=RJxj-S8po8Y

On the occasion of International Day of Yoga, the **Department of Physical Education** organised a talk on the topic **Yoga and Fitness: Steps to Fight Covid'19 on 20/06/2020**. Dr. Tarak Nath Pramanik, Assistant Professor, IGIPESS, University of Delhi, Assistant Secretary, Indian Yoga Federation was the speaker for the programme. He emphasised on the importance of keeping oneself fit mentally and physically during Covid, and explained how asanas and yoga help in improving immunity and maintaining good health.

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NOTICE

MOTILAL NEHRU COLLEGE (EVENING)
(UNIVERSITY OF DELHI)

Dated: 16-06-2020

NOTICE REGARDING WEBINAR

It is notified for the information of all the Teaching, Non Teaching Staff and students of the Motilal Nehru College (Evening) is celebrating International Day of Yoga as per the following scheduled programme -

Date :- 20-06-2020
Time :- 04:00 P.M.
Zoom Meeting ID :- 893 2106 2706
Password :- 1991

Topic:- Yoga and Fitness: Steps to Fight Covid'19

Speaker: Dr. Tarak Nath Pramanik, Assistant Professor, IGIPSS
University of Delhi, Assistant Secretary, Indian Yoga Federation.

Opening address by:- Dr. Kana Ram Meena, Teacher-in-Charge
Department of Physical Education.

All the students and faculty members are invited to participate in the Webinar.

NOTE:-

1. Kindly keep the Zoom app handy on your mobile/laptop.
2. Please keep a bottle of water and yoga mat or bed sheet / mat comfortable for yoga with you.
3. Participants are also requested to keep themselves on mute during the sessions and keep their videos on at all times.
4. We request you to also sit in a place with no disturbance.
5. Please remember to wear loose and comfortable clothing for ease of doing yoga.

Dr. Kana Ram Meena
Coordinator

Copy to:-
1. College Website
2. All the teachers

Dr. Vichitra
Offg. Principal

MLNCE Youtube links:

<https://www.youtube.com/watch?v=RJxj-S8poaY>

<https://www.youtube.com/watch?v=kuJO6WGkXIE&t=2800s>



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20/06/2020

Guest speaker
Dr. Tarak Nath
Pramanik
Online Webinar

Session 20/06/2020



Celebrating International Day of Yoga



Celebrating International Day of Yoga

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Workshop under student exchange programme on "Online Education: A paradigm Shift in Learning"

Year	Date & Time	Department/ Committee	Title of the Seminar/ Webinar/ Workshop/ Conference	Invited Speakers/Resource Persons	Institutional Affiliation of Invited Speakers/ Resource Persons	No. of Participants	Institutional Affiliation of Participants
2020	24/07 11:30 am	MLNCE in collaboration with Baba Balraj Panjab University Constituent College	Workshop under student exchange programme on "Online Education: A paradigm Shift in Learning"	Chief guest - Prof. Raj Kumar Resource Person - Prof. Vishal Kumar	Honourable Vice Chancellor, Panjab University, Chandigarh Director, School of Management, Dean Research, Maharaja Agrasen University, Baddi, Himachal Pradesh.	78	MLNCE, University of Delhi Baba Balraj Panjab University Constituent College

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